

# HAMPSTEAD HORTICULTURAL SOCIETY



[www.hampsteadhorticulturalsociety.yolasite.com](http://www.hampsteadhorticulturalsociety.yolasite.com)

[hampsteadhortsoc@ymail.com](mailto:hampsteadhortsoc@ymail.com)

## HAPPY NEW YEAR FOR 2015

### Hello again

Another Autumn, Christmas and New Year over, and 2015 to look forward to. Will it continue with the topsy turvy weather? Lucky us in London, my electricity bill is in credit, hope I haven't spoken to soon!

Now to HHS business: Sunday 2<sup>nd</sup> November was Prize giving at Burgh House, our President Sir Patrick Garland and Chair Rosie Hunt handed out the prizes for the Spring and Autumn Shows 2014 – names are printed under HHS Forum section. Followed by the speaker Bill Bossum giving us a historical tour of his life and how his interest in gardening began, along with his Bike mania. Anne will say a few words;

### Grandad's Garden, talk by Bill Bossom

Bill Bossom grew up on Suffolk farm in the war, started gardening as a small boy. Grandad's Garden is his garden in Enfield which won a Gold Medal from Enfield in Bloom for his front garden. He uses plastic milk cartons with a hole in the bottom for hanging plants on walls, and parts of metal hangers to attach them, and the whole garden is very colourful.

He was a horticultural judge for 50 years. Regarding shows, it is not necessary to adhere to strict RHS rules, they can be adapted to what we want, add and subtract different categories.

For exhibits, Presentation Quality and Uniformity are most important. Measure everything you show. Tomatoes must always have the calyx on and should be cut a little up the stem. Commercial growers snap

them off at the first knuckle, which shows they are not home grown. Carrots must have green foliage. Beans should be good length but one should not feel the beans inside. If they can be snapped open, they are right for show.

Speakers organised by Anne Rowe (who would like to hear of any suggestions for future speakers) [Annerowe2@aol.co.uk](mailto:Annerowe2@aol.co.uk)

**It has been brought to my attention** that many members have taken for granted that the Show Schedule in the Handbook is a copy of previous schedules. Please take care to read the show schedule as classes may change each year. As Bill Bossum stated, for garden societies to survive there cannot be hard and fast rules. Of course we cannot change the HHS Rules without members voting at the AGM. The show times were changed too, and again this year please check the information in the Yearly Handbook.

As usual I will write up RHS dates, the Plant Heritage dates and NGS Open Gardens, especially members' gardens which are usually easier for us to travel to. There is an interesting write up by Ann Jones. In case you are clearing your garden of the dreaded Elder tree, think again - with its beautiful lacy flowers and delicate smell, there is food for the birds in late

autumn and better still, it has wonderful health-giving properties. The write up will be in three parts, so watch out for April's edition for your health recipe, and July for the wine recipe.

We look forward to seeing you all again at the **AGM on 22<sup>nd</sup> February 2015 at Burgh House Hampstead from 2.30pm to 4.30pm.**

#### **SPEAKER FOR OUR AGM IS STEPHEN CRISP HORTICULTURALIST**

We are delighted to announce that our speaker will be Stephen Crisp. Stephen has been head gardener at Winfield House in Regent's Park, home of the US ambassador, for nearly thirty years. Before that he worked at Leeds Castle establishing new gardens. His formal horticultural education began at the Royal Horticultural Society gardens at Wisley and he trained at Longwood Gardens in Pennsylvania and Tresco Abbey in the Scilly Isles.

He was inspired by the writing of Christopher Lloyd at Great Dixter in East Sussex and he is still inspired by the gardens there. In the mid 80s he was thinking of moving on from Leeds Castle and the acting editor at House and Garden told him that the head gardener at Winfield House was retiring. He recommended Stephen to the American Ambassador and so he arrived at Winfield House. He manages the 5 hectare garden with a staff of just two.

#### **HHS MEMBERS FORUM SECTION**

##### **Be prepared for the picking season, part 1 of 3**

Ann Jones BSc (hons) herbal medicine, MNIMH

##### **Sambucus nigra (Elder)**

I do hope you got to the elderberries before the birds did. If you didn't, shame on you as they are a

wonderful medicine for winter. I'll let you into a secret - neither did I, but then I do have a supply in the freezer from last year as well as some elderberry syrup that I made last year. Elderberries are antiviral and useful in combating colds and flu. Elderberries not only stimulate the immune system, they also inhibit the ability of a virus to break into our cells and make copies of it self. Elder flowers are diaphoretic and anti-catarrhal, making them useful for the early stages of a fever accompanying a cold and any catarrhal inflammation of the upper respiratory tract such as hay fever or sinusitis. Though viruses mutate year after year, the mechanism that they use to break into our cells often remains the same, and so elderberries do not lose their efficacy due to viral mutation. The berries are also diuretic and laxative, making them useful for rheumatic conditions.

The elder tree is steeped in folk lore, history and superstition, probably more so than any other plant. Some traditions held that it brought good luck and would ward off evil, while others regarded it as an emblem of sorrow and death.

The word 'elder' is thought to be derived from the Anglo-Saxon word aeld meaning 'fire'. The young sticks were easily hollowed out and the resulting tubes used to blow up fires and as pipes.

As I'm sure you all know, if you wish to meet up with the faery folk then you should sit under an elder at midnight on midsummer's eve when the Faery King and Queen and their entourage will be sure to be seen!

The elder tree is reputed to ward off evil influence and give protection from witches. Popular belief in some cultures is that if an elder tree is cut down, a spirit known as the Elder Mother would be released and take her revenge. The tree could only safely be cut while chanting a rhyme to the Elder Mother.

**Please remember Mary's raffle needs unwanted Christmas gifts, garden throw outs. Tools, containers etc for our**

**Spring Show on Saturday 12<sup>th</sup> April to be held at All Saints Church Hall, Church Walk, NW2 2TJ.  
See information in Handbook and change of times.**

**At the spring show David Empson will give a lighthearted talk on what people get up to in horticultural shows.**

Staging of exhibits 10.00am to 12pm

Judging from 12pm to 1.30pm

Open to visitors from 2pm to 4.30pm

No entrance charge for members, 50p non members

Raffle ticket 50p and 5 for £2.00 – If you cannot wait until 4 pm for the draw please offer ticket to a friend.

**Buses:** Finchley Road Childs Hill area – 13/82 – 328 – 245/460 – 260

Contact the Show Secretary: Mary Betts 020 7625 9726. [gladyswood1@talktalk.net](mailto:gladyswood1@talktalk.net)

**The 2014 London NGS Yellow Garden Books will be at the Spring Show**

## Members' NGS Open Gardens

All are worth visiting, the proceeds go to charities, particularly Macmillan Nurses, Marie Curie Hospice, Help the Hospices, Carers Trust, Queen's Nursing Institute, National Trust, Alzheimer's Society, Perennial and Garden Museum.

Drs Jim & Elayane Coakes	58a Teignmouth Road, NW2 4DX Tel 020 8208 0082	Sunday 5 <sup>th</sup> July
Gerlinde Kathuria	116 Hamilton Terrace, NW8 9UT	Sunday 22 <sup>nd</sup> June 5 to 9 pm (glass of wine) Sunday 20 <sup>th</sup> July 5 to 9 pm
Carol Klemera Helen Marcus	27 Menelick Road, NW2 3RJ Anson Road NW2	Sunday 5 <sup>th</sup> July 2 to 5.30 pm
Ruth Levy & Neighbour	5 and 5A Frogna, NW3 6UY	Sunday 21 <sup>st</sup> June 2 to 5pm

NGS website: [www.ngs.org.uk](http://www.ngs.org.uk)

**For those of you who missed the Prize Giving for 2014 SPRING AND AUTUMN SHOWS on 2nd Nov 2014, at Burgh House, New End, NW3.** If no trophy or Diploma, winners received certificates.

<b>Rosa Bacharach</b>	2 <sup>nd</sup> for small bulbous flowers (spring) 2 <sup>nd</sup> for shrubs in flower (spring) 3 <sup>rd</sup> for one stem of flowering shrub (spring)
<b>Virginia Berridge</b>	2 <sup>nd</sup> for dahlias (autumn) 2 <sup>nd</sup> for fuchsias (autumn) 2 <sup>nd</sup> for pot plant grown from seed (autumn)
<b>Mary Betts</b>	Joint 2 <sup>nd</sup> for outdoor cut flowers (spring) 1 <sup>st</sup> for My Garden in Spring (spring)
<b>Elizabeth Bristow</b>	3 <sup>rd</sup> for hellebores (spring) Highly Commended for outdoor cut flowers (spring) 2 <sup>nd</sup> for My Garden in Spring (spring)
<b>Jenny Bunn</b>	1 <sup>st</sup> for dahlias (autumn) <b>Ackworth Vase</b> 2 <sup>nd</sup> for a rose (autumn) 1 <sup>st</sup> for roses (autumn)
<b>Arthur Corke Rose</b>	Bowl 1 <sup>st</sup> for flowering pot plants (autumn) <b>A.M. Gear Cup</b> 3 <sup>rd</sup> for pot plants, foliage (autumn) 2 <sup>nd</sup> for perennial flowers (autumn) Joint 1 <sup>st</sup> for foliage (autumn) 1 <sup>st</sup> for soft fruit (autumn) <b>Diploma in Horticulture</b> 1 <sup>st</sup> for outdoor tomatoes (autumn) <b>Diploma in Horticulture</b>
<b>Heidi Corsi</b>	2 <sup>nd</sup> for hellebores (spring) 1 <sup>st</sup> for outdoor cut flowers (spring) 2 <sup>nd</sup> for camellia (spring)
<b>Sir Patrick Garland</b>	3 <sup>rd</sup> for runner beans (autumn)
<b>Margaret Hilton</b>	1 <sup>st</sup> for Fun at Easter photography (spring)
<b>Rosie Hunt</b>	2 <sup>nd</sup> for vegetables (autumn)
<b>Gerlinde Kathuria</b>	3 <sup>rd</sup> for small bulbous flowers (spring) 1 <sup>st</sup> for flowering bulbs (spring) 1 <sup>st</sup> for pot plant, foliage (spring) <b>Diploma in Horticulture</b> 1 <sup>st</sup> for pot plant, succulent (spring) 1 <sup>st</sup> for pot plant, seed or cutting (spring) 3 <sup>rd</sup> for outdoor cut flowers (spring) 3 <sup>rd</sup> for shrubs in flower (spring) 2 <sup>nd</sup> for flowering shrub, one stem (spring) 1 <sup>st</sup> for fuchsias (autumn) <b>William Shaw Cup</b> 1 <sup>st</sup> for annual flowers (autumn) <b>Edward Theed Tankard</b> Joint 3 <sup>rd</sup> for one rose (autumn) 3 <sup>rd</sup> for pot plant, foliage (autumn) 3 <sup>rd</sup> for pot plant grown from seed (autumn) 1 <sup>st</sup> for perennial flowers (autumn) 1 <sup>st</sup> for garden shrubs in flower (autumn) <b>Sadler Cup</b> Joint 1 <sup>st</sup> for foliage (autumn) <b>Dobbs Seat</b> for most points in shows (ex Domestic) <b>Cyril Gill picture</b> for most points in shows (ex Domestic) <b>Banksian Medal</b> for most points for horticulture in shows
<b>Carol Klemera</b>	1 <sup>st</sup> for camellia (spring) <b>Horwood Bowl</b> 2 <sup>nd</sup> for miniature arrangement (spring)
<b>Jean Lilly</b>	2 <sup>nd</sup> for Fun at Easter photography (spring)
<b>Tina McKay</b>	1 <sup>st</sup> for pot plant, flowering (spring) <b>Society Trophy</b> 2 <sup>nd</sup> for pot plant, foliage (spring) 2 <sup>nd</sup> for pot plant – seed or cutting (spring) 1 <sup>st</sup> for one stem, flowering shrub (spring)
<b>Enyd Norman</b>	2 <sup>nd</sup> for pot plant, flowering (spring) Joint 2 <sup>nd</sup> for outdoor cut flowers (spring) 1 <sup>st</sup> for shrubs in flower (spring) <b>Arnold Trophy</b> 1 <sup>st</sup> for vegetarian, chicken or fish pate (spring)

<b>Kalyani Pal</b>	3 <sup>rd</sup> for fuchsias (autumn) 2 <sup>nd</sup> for flowering pot plant (autumn) 1 <sup>st</sup> for pot plant grown from seed (autumn) 2 <sup>nd</sup> for herbs (autumn)
<b>Frances Radford</b>	3 <sup>rd</sup> for camellia (spring) 1 <sup>st</sup> for miniature arrangement (spring) <b>Ackworth Bowl</b> 1 <sup>st</sup> for a petite arrangement (spring) <b>Brealey Cup</b> 1 <sup>st</sup> for marmalade (spring) <b>Rosette</b> 2 <sup>nd</sup> for vegetarian, chicken or fish pate (spring) 2 <sup>nd</sup> for runner beans (autumn) 1 <sup>st</sup> for a summer fruit cake (autumn) <b>Rosette</b> 1 <sup>st</sup> for a summer salad treat (autumn) <b>Rosette</b>
<b>Susie Ray</b>	1 <sup>st</sup> for pot plant, foliage (autumn) <b>Diploma in Horticulture</b> 2 <sup>nd</sup> for fruit (autumn) 2 <sup>nd</sup> for soft fruit (autumn) 2 <sup>nd</sup> for outdoor tomatoes (autumn) 1 <sup>st</sup> for indoor tomatoes (autumn) <b>Diploma in Horticulture</b> 1 <sup>st</sup> for runner beans (autumn) <b>Diploma in Horticulture</b> 1 <sup>st</sup> for vegetables (autumn) <b>Diploma in Horticulture</b> 2 <sup>nd</sup> for a jar of home made jam (autumn) 1 <sup>st</sup> for a jar of home made chutney (autumn) <b>Rosette</b>
<b>Anne Rowe</b>	3 <sup>rd</sup> for Tulips (spring) 3 <sup>rd</sup> for one rose (autumn) 1 <sup>st</sup> for Fruit (autumn) (and Best in Show)
<b>Howard L Jacob Cup</b>	3 <sup>rd</sup> for outdoor tomatoes (autumn) 3 <sup>rd</sup> for vegetables (autumn)
<b>Margaret Scanlon</b> for herbs (autumn)	3 <sup>rd</sup> for My Garden in Spring (spring) 1 <sup>st</sup> for a rose (autumn) <b>Gainsborough-Murphy Plate</b> 1 <sup>st</sup> for a Japanese style arrangement (autumn) <b>Aline Coker Bowl</b> 1 <sup>st</sup> for an interpretive arrangement (autumn) <b>Stocker Cup</b> 1 <sup>st</sup> for a jar of home made jam (autumn) <b>Rosette</b> Best in show Domestic (autumn) <b>Coffee pot</b> Best in show flower arranging (autumn) <b>Jenny Rees Trophy</b>
<b>Laura Singleton</b>	1 <sup>st</sup> for small bulbous flowers (spring)
<b>Audrey Stocker</b>	2 <sup>nd</sup> for Tulips (spring) 2 <sup>nd</sup> for a petite arrangement (spring)
<b>Griselda Vrolyk</b>	1 <sup>st</sup> for tulips (spring) 1 <sup>st</sup> for Hellebores (spring) 1 <sup>st</sup> for Easter Cake (spring) <b>Rosette</b>

If you wish to have a topic in the next Newsletter in April the deadline is 20<sup>th</sup> March, email Mary Betts  
[gladyswood1@talktalk.net](mailto:gladyswood1@talktalk.net) or 020 7625 9726

## 2015 COACH TRIPS For information contact

Ann Jones [gardann@yahoo.co.uk](mailto:gardann@yahoo.co.uk) 15 Nassington Road NW3 2TX 020 7435 6666  
 on the Week-end trip and Broughton Manor,  
 and Rosie Hunt for Sissington Hurst [rosiehunt@blueyonder.co.uk](mailto:rosiehunt@blueyonder.co.uk)  
 56E King Henry's Road, London, NW3 3RP.. 020 7586 4979  
 There may be an extra fee for non members

## The Malvern Flower Show with Gardens of Herefordshire and Worcestershire 8 – 11 May 2015

For members £455.00 per person if 20 passengers

£425.00 per person if 25 passengers  
 £395.00 per person if 30 passengers  
 Non members Plus £5

Departing from Lyndhurst Church & Rear of Waitrose,  
 Finchley Road

Staying at the Fownes Hotel, Worcesterer  
<http://www.fowneshotelworcester.co.uk/>,  
 2mins walk from the centre of Worcester

### Included in the price

- 3 nights' accommodation at the Fownes Hotel, Worcester on a dinner, bed and breakfast basis. All rooms have private facilities.
- Comfortable coaching throughout
- **Ticket for the Malvern Flower Show**
- Entrance to the gardens of **The Laskett, Little Malvern Court, Stone House Cottage, Hampton Court and Westonbury Mill Water Gardens**
- Services of a Brightwater Holidays tour manager

**Not included (per person)**

- Single room supplement £90.00
- Insurance £18.50  
(under 65); £37.00 (65-74); £55.50  
(74-90)

PLEASE E-MAIL ANN JONES –  
[gardann@yahoo.co.uk](mailto:gardann@yahoo.co.uk) – for an application

**Day Coach Trip on:** Sunday 14<sup>th</sup> June  
Sissinghurst plus one other garden  
Further information to follow in the April newsletter

form. Alternatively send a SAE to 15 Nassington Road London NW3 2TX

**PLEASE BOOK BY 8<sup>TH</sup> MARCH, AFTER THIS DATE AVAILABILITY AND PRICE CANNOT BE GUARANTEED.**

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*If each of us gets one family member or friend to join our Hampstead Horticultural Society the coach will be easier to fill and there will be a Speaker for every meeting*

**OTHER LOCAL INTERESTS****Royal Horticultural Society News****Shows at the Horticultural Halls, Vincent Square London SW1**

To book tickets, visit [rhs.org.uk/show](http://rhs.org.uk/show) or call 0844 338 7539/ First day 10am – 7pm. Second day 10am – 5pm

**March to November London Secret Garden Sundays**

20 - 21 Feb	RHS London Plants & Potato Fair
27 – 28 Feb	RHS London Botanical Art Show
09 – 12 Apr	European Orchid Show and Conference,
8 April	Preview evening at Kew.
14 – 15 Apr	RHS Great London Plant Fair
26 Apr	RHS London Alpine Garden Show

19 – 23 May	RHS Chelsea Flower Show
29 – 30 May	RHS London Rose Show
11 – 14 June	BBC Gardeners World Live
30 June – 05 July	RHS Hampton Court Palace Flower Show, 29 June Preview Evening.
06 – 07 Oct	RHS London Harvest Festival Show
23 -24 Oct	London Shades of Autumn Show

**Plant Heritage Spring & Autumn Fairs: Sat. 3<sup>rd</sup> May 2015 10.30am - 3.30pm and Sat. 6<sup>th</sup> Sept.**

at St Michael's School, North Road, Highgate N6 4AY. The school is on the same side just past the petrol station.

**London Plant Heritage** [www.nccpg.com](http://www.nccpg.com)

**Entry fee £2.50**

**We will run our own plug plant competition for members and friends, to be judged by the public, that's us at the Plant Sale, St Mark's Church, Hamilton Terrace, NW8, next door to Gerlinde Kathuria. One plant per pot, plugs at Spring Show.**

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Camden Garden Centre  
Owned by Camden Garden Centre Charitable Trust  
**Providing employment opportunity through training**

UK Urban Garden Centre of the Year 2012/13  
UK Garden Centre of the Year 2002/3

Camden Garden Centre - the UK Urban Garden Centre of The Year winner has its own car park in Barker Drive, just off St Pancras Way, which is very easy to get to from all points in Islington. The 274 bus stops at the corner of Agar Grove/St Pancras Way and the Overground Station Camden Road is just five minutes walk.

Masses of plants, containers, compost and everything that London gardeners need.

The Garden Centre not only provides quality plants and gardening products, a 10% save as you buy reward card scheme and special offers throughout the year, but is owned by a charity – Camden Garden Centre Charitable Trust – helping disadvantaged people back into work through its training, employment and education scheme.

Camden Garden Centre  
2 Barker Drive  
St Pancras Way  
London NW1 0JW

0207 387 7080

Full details about the centre, its charitable work, and latest special offers can be seen at  
[www.camdengardencentre.co.uk](http://www.camdengardencentre.co.uk)  
info@camdengardencentre.co.uk

## Coach Trips

### Week-end Trip 8<sup>th</sup> to 11<sup>th</sup> May

Please reserve me .....seats (members) at

£.....per person

Guest.....seats at £ .....per person

Name.....

Address.....

...

.....Tel .....

Guest Name.....

Address.....

.....Tel .....

### Day Trip Sissinghurst 14<sup>th</sup> June

Please reserve me .....seats (members) at

£.....per person

Guest.....seats at £ .....per person

Name.....

Address.....

...

.....Tel .....

Guest Name.....

Address.....

.....Tel .....

Please check with Ann Jones or Rosie Hunt regarding who the cheque should be made out to.

(Cheques payable to Hampstead Horticultural Society)

(we do not normally refund coach trips charges)